

Do you want to be an

# Active Woman?

with Wigan Sports Development



**Join in at Wigan Table Tennis Club**

**Starts Sunday 8 January at 4pm!**

**FREE FOR SIX WEEKS, THEN ONLY £3 PER SESSION**

A NEW FITNESS WORKOUT, table tennis is a great aerobic activity, have fun keeping fit, aerobic exercises, improve your health, play fun games,  
PUT THE BOUNCE BACK IN YOUR STEP, DO AEROBIC TABLE TENNIS

- have fun
- burn calories
- learn table tennis

**PLACES LIMITED, TO REGISTER FOR THE SESSIONS USE CONTACT DETAILS BELOW**

Venue, Wigan Table Tennis Club, Platt Bridge Community Centre, Victoria Street, Wigan WN2 5AH

To register contact Steve Rowe, email [steve@wiganttc.co.uk](mailto:steve@wiganttc.co.uk) | phone number 07840466691

Have fun, meet new friends and 'Get Active'  
Active Women aged 16-25 years

Find out more at [www.wlct.org/activewomen](http://www.wlct.org/activewomen)  
or phone 01942 404982



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